

	Year A				
	Autumn: Relationships	Spring: Living in the Wider World		Summer: Health and Wellbeing	
	Families and Friendships	Belonging to a community	Media Literacy and digital resilience	Physical Health and Wellbeing	Growing and Changing
Year 1	Roles of different people; families; feeling cared for Making friends; feeling lonely and getting help	What rules are; caring for others' needs; looking after the environment	Using the internet and digital devices; communicating online	Keeping healthy; food and exercise, hygiene routines; sun safety	Recognising what makes them unique and special; feelings; managing when things go wrong
Year 2					
Year 3	What makes a family; features of family life Positive friendships; including online	The value of rules and laws; rights, freedoms and responsibilities	How the internet is used; assessing information online	Health choices and habits; what affects feelings; expressing feelings	Personal strengths and achievements; managing and reframing setbacks
Year 4					
Year 5	Managing friendships and peer influence Attraction to others; romantic relationships; civil partnership and marriage	Protecting the environment; compassion towards others	How information online is targeted; different media types, their role and impact	Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies	Personal identity; recognising individuality and different qualities; mental wellbeing
Year 6					

For further information about objectives covered and links to the National Curriculum please see: <https://www.pshe-association.org.uk/system/files/PSHE%20Association%20Programme%20of%20Study%20for%20PSHE%20Education%20%28Key%20stages%201%E2%80%9C35%29%2C%20Jan%202020.pdf>

	Year B				
	Autumn: Relationships		Spring: Living in the Wider World	Summer: Health and Wellbeing	
	Safe relationships	Respecting ourselves and others	Money and Work	Keeping Safe	Growing and Changing
Year 1	Recognising privacy; staying safe; seeking permission.	How behaviour affects others; being polite and respectful	Strengths and interests; jobs in the community What money is; needs and wants; looking after money	How rules and age restrictions help us; keeping safe online Safety in different environments; risk and safety at home; emergencies	Recognising what makes them unique and special; feelings; managing when things go wrong
Year 2	Managing secrets; resisting pressure and getting help; recognizing hurtful behaviour	Recognising things in common and differences; playing and working cooperatively; sharing opinions			Recognising what makes them unique and special; feelings; managing when things go wrong
Year 3	Personal boundaries; safely responding to others; the impact of hurtful behavior	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	Different jobs and skills; job stereotypes; setting personal goals Making decisions about money; using and keeping money safe	Risks and hazards; safety in the local environment and unfamiliar places Medicines and household products; drugs common to everyday life	Personal strengths and achievements; managing and reframing setbacks
Year 4	Responding to hurtful behavior; managing confidentiality; recognizing risks online	Respecting differences and similarities; discussing difference sensitively			Personal strengths and achievements; managing and reframing setbacks
Year 5	Physical contact and feeling safe	Responding respectfully to a wide range of people; recognising prejudice and discrimination	Identifying job interests and aspirations; what influences career choices; workplace stereotypes Influences and attitudes to money; money and financial risks	Keeping safe in different situations, including responding in emergencies, first aid and FGM Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media	Personal identity; recognising individuality and different qualities; mental wellbeing
Year 6	Recognising and managing pressure; consent in different situations	Expressing opinions and respecting other points of view, including discussing topical issues			Personal identity; recognising individuality and different qualities; mental wellbeing

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